## 23-24 RBSMS Girls' Basketball Try-outs

To tryout the following must be completed and uploaded to athleticclearance.com:

- 1) EL2, A current physical on the FHSAA form (doctor signature and date)
- 2) Pasco County Athletic Participation form (notarized)
- 3) Prior to trying out, athletes are required to watch the videos "Concussion for Students", "Heat Illness Prevention", and Sudden Cardiac Arrest" and print the Certificate of Completion for each to bring to your coach before trying out. The link for all 3 videos can be found on the school website under the athletic tab. Each video is free.
- \*\*Please make sure all signatures (parent & student) and videos have been submitted.
- \*\*These forms are available on the school's webpage under the athletic tab.
- \*\*All paperwork and videos should be submitted by Friday, October 6th.
- \*\*The state of Florida requires athletes to have a 2.0 GPA or higher from the previous semester to participate in athletics. ( $2^{nd}$  Semester of 22-23 school year)
- \*\*Good classroom behavior and discipline record.

## **TRY-OUT SCHEDULE**

Wednesday, Oct. 11<sup>th</sup>, 6<sup>th</sup>-7<sup>th</sup>-8<sup>th</sup> grade, 2:00p-4:15p, Gym Thursday, Oct. 12<sup>th</sup>, 6<sup>th</sup>-7<sup>th</sup>-8<sup>th</sup> grade, 2:00p-4:15p, Gym Friday, Oct. 13<sup>th</sup>, 6<sup>th</sup>-7<sup>th</sup> grade, 2:00p-4:15p, Gym Saturday, Oct. 14<sup>th</sup>, 6<sup>th</sup> grade, 9:00p-11:30p Gym 7<sup>th</sup> grade, 11:00p-12:30p Gym 8<sup>th</sup> grade, 12:00p-1:30p Gym

All potential players must attend all tryout dates for their grade and give their best effort.

- \*\*Team roster will be posted on Tuesday morning, Oct.17<sup>th</sup>. First team practice will be that afternoon, 2:00p-4:00p.
- \*\*Come ready to <u>participate</u>: athletic shorts, t-shirt, socks, & tennis shoes.
- \*\*Hydrate in advance (12 hours or more before practice) to avoid heat related illness. Drink eight or more 8 oz. glasses of water or sports drink daily.
- \*\* There is no cost to try out for the team. If an athlete is selected to be on the team, participation fees will apply,  $1^{st}$  sport = \$60,  $2^{nd}$  sport = \$40.
- \*\*Any questions, please contact: Coach Stacy at dstacy@pasco.k12.fl.us or Coach Rulison at jrulison@pasco.k12.fl.us