Tryouts will start on Monday, March 8th from 3:15 P.M. to 4:15 P.M. at R. B. Stewart Middle School. When we return from spring break, practices will continue on Tuesday, March 23rd from 3:15 P.M. to 4:30 P.M. at **Zephyrhills High School**. On these days you will pick up your child in the parking lot located in front of the ZHS gym. Parents must pick up athletes on time from all practices (within 15 minutes of practice ending and after the athlete's final event at meets).

## To tryout you must have completed the following:

- Have a current physical on an **FHSAA** form (EL02). Physicals are good for one year.
- FHSAA Consent and Release from Liability Certificate completed (EL03)
- District School Board of Pasco student data participation form
- District School Board of Pasco Athletic Information for students and Parents
- Covid19 Waiver
- Printed certificates verifying that you watched the Concussion and Sports, Heat Related Illness, and Cardiac Arrest videos (3 in total)

This paperwork and links to the videos can be found at the school website or district website. (<a href="www.rbsms.pasco.k12.fl.us">www.rbsms.pasco.k12.fl.us</a>).

The state of Florida requires student athletes to have a 2.0 GPA or higher for the previous semester.

Hydrate in advance (12 hours or more before practice) to avoid heat related illness. Drink eight or more 8oz glasses of water or sports drink daily.

Come ready to participate: Comfortable athletic shorts, t-shirt, socks and tennis shoes.

Those athletes who make the team will pay the following participation fees.

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1<sup>st</sup> sport – $50.00
2<sup>nd</sup> sport – $30.00
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The following caps apply: individual athletes \$80.00, family at the same school \$125.00.

Questions – Contact Coach Scheuerman, Coach Roman or Coach Schmidt at (813) 794-6500 or nscheuer@pasco.k12.fl.us