

## **2019-2020 RBSMS VOLLEYBALL TRY-OUTS**

***\*\*To try out for the team, the following must be completed and turned in:***

- 1) a current physical on the FHSAA form (E12),***
- 2) Pasco County Athletic Participation form (notarized),***
- 3) FHSAA Consent and Release from Liability Certificate pg. 1-4 (EL3).***

***\*\*Please make sure all signatures (parent and student) have been filled in.***

***\*\*These forms can be picked up from a coach or on the school's athletic website :***

***<http://rbsms.pasco.k12.fl.us/athletic-information/>***

***\*\*The state of Florida requires athletes to have a 2.0 GPA or higher from the previous semester to participate in athletics. (2nd Semester of '18-'19 school year). For 6<sup>th</sup> graders, this policy goes into effect for the 2<sup>nd</sup> Semester of the '19-'20 school year.***

***\*\*Prior to trying out, athletes are required to watch the videos "Concussion in Sport", "Heat Illness Prevention", and "Sudden Cardiac Arrest". Watch the video on your computer at home and print the Certificate of Completion for each to bring and give to your coach before trying out. The link for all 3 videos can be found on the school website in the athletics information section. You must watch all three videos and print out the certificates at the end of each clip. Each video is free.***

### **TRY-OUT SCHEDULE**

***Monday, Aug. 12<sup>th</sup>, 3:05p-4:45p Gym 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> grade***

***Tuesday, Aug. 13<sup>th</sup>, 3:05p-4:45p Gym 6<sup>th</sup> & 7<sup>th</sup> grade***

***Wednesday, Aug. 14<sup>th</sup>, 3:05p-4:45p Gym 7<sup>th</sup> & 8<sup>th</sup> grade***

***Thursday, Aug. 15<sup>th</sup>, 3:05p-4:45p Gym 6<sup>th</sup> & 7<sup>th</sup> grade***

***Friday, Aug. 16<sup>th</sup>, 3:05p-4:45p Gym 7<sup>th</sup> & 8<sup>th</sup> grade***

***\*\*\*1<sup>st</sup> cut posted Monday morning, Aug. 19<sup>th</sup>***

***Monday, Aug. 19<sup>th</sup>, 3:05p-4:45p Gym 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> grade***

***\*\*Team roster will be posted on Tuesday morning, Aug. 19<sup>th</sup> . First team practice will be that afternoon, 3:05p-5:00p.***

***\*\*Come ready to participate: athletic shorts, t-shirt, socks, & tennis shoes.***

***\*\*Hydrate in advance (12 hours or more before practice) to avoid heat related illness. Drink eight or more 8 oz. glasses of water or sports drink daily.***

***\*\*There is no cost to try out for a team. If an athlete is selected to be on the team, the following Pasco County participation fees will apply: 1<sup>st</sup> sport = \$50, 2<sup>nd</sup> sport = \$30. The following fee caps apply: individual athlete - \$80/year; family at same school - \$125/year. Students will have five days to pay participation fees after they make the team. No one will participate in a game competition until fees are paid. Please be aware that the participation fee does not guarantee playing time, only the opportunity to be on the team if selected.***

***Any questions, please contact:***

***Coach Stacy - [dstacy@pasco.k12.fl.us](mailto:dstacy@pasco.k12.fl.us)***

