2018-2019 RBSMS BASKETBALL TRY-OUTS

- **To try out for the team, the following must be completed and turned in:
- 1) a current physical on the FHSAA form (E12),
- 2) Pasco County Athletic Participation form (notarized),
- 3) FHSAA Consent and Release from Liability Certificate pg. 1-4 (EL3).
- **Please make sure all signatures (parent and student) have been filled in.
- **These forms can be picked up from a coach or on the school's Athletic web page: <u>rbsms.pasco.k12.us</u>.
- **The state of Florida requires athletes to have a 2.0 GPA or higher from the previous semester to participate in athletics, (1^{st} Semester of '18-'19 school year).
- **Prior to trying out, athletes are required to watch the videos "Concussion in Sport", "Heat Illness Prevention", and "Sudden Cardiac Arrest". Watch the video on your computer at home and print the Certificate of Completion for each to bring and give to your coach before trying out. Go to the back on this sheet for instructions to access. For those without access, the videos will be shown in the school media center on December 14th from 3:00p-4:45p.

TRY-OUT SCHEDULE

Tuesday, Dec. 18th, 3:00p-5:00p, Gym 6th, 7th, & 8th graders. Wednesday, Dec. 19th, 3:05p-5;00p, Gym 6th & 7th graders only. Thursday, Dec. 20th, 3:05p-5:00p, Gym 6th & 7th graders only. Tuesday, Jan. 8th, 3:05p-5:00p, Gym 7TH, & 8TH graders only. Wednesday, Jan. 9th, 3:00p-5:00p, Gym 7th & 8th graders only. ***1st cut posted Thursday morning, Jan. 10th. Thursday, Jan. 10th, 3:00p-5:00p, Gym 6th, 7th & 8th graders. **Final Roster posted Friday, Jan. 11th. **1st Practice 3:00p-5:00p, Gym.

- **Come ready to participate: athletic shorts, t-shirt, socks, & tennis shoes.
 **Hydrate in advance (12 hours or more before practice) to avoid heat related illness.
 Drink eight or more 8 oz. glasses of water or sports drink daily.
- **There is no cost to try out for a team. If an athlete is selected to be on the team, the following Pasco County participation fees will apply: 1st sport = \$50, 2nd sport = \$30. The following fee caps apply: individual athlete \$80/year; family at same school \$125/year. Students will have five days to pay participation fees after they make the team. No one will participate in a game competition until fees are paid. Please be aware that the participation fee does not guarantee playing time, only the opportunity to be on the team if selected.

<u>Any questions, please contact:</u> Coach Stacy at dstacy@pasco.k12.fl.us Coach Holifer at mholifer@pasco.k12.fl.us