



As per FHSAA Policies **40.1.1**, **41.1** and **42.1.1**, all student-athletes are required to watch the following FREE NFHS Learn courses annually.

- Concussion in Sports – What You Need to Know
- Heat Illness Prevention
- Sudden Cardiac Arrest

## These courses are FREE

### Course Ordering

Step 1: Go to [www.nfhslearn.com](http://www.nfhslearn.com).

Step 2: “**Sign In**” to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

OR

If you do not have an account, “**Register**” for an account.

Step 3: Click “**Courses**” at the top of the page.

Step 4: Scroll down to the specific course from the list of courses.

Step 5: Click “**View Course**”.

Step 6: Click “**Order Course.**”

Step 7: Select “**Myself**” if the course will be completed by you.

Step 8: Click “**Continue**” and follow the on-screen prompts to finish the checkout process. (Note: There is no fee for these courses.)

### Beginning a Course

Step 1: Go to [www.nfhslearn.com](http://www.nfhslearn.com).

Step 2: “**Sign In**” to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

Step 3: From your “**Dashboard,**” click “**My Courses**”.

Step 4: Click “**Begin Course**” on the course you wish to take.

For help viewing the course, please contact the help desk at NFHS. There is a tab on the upper right hand corner of [www.nfhslearn.com](http://www.nfhslearn.com). If you should experience any issues while taking the course, please contact the NFHS Help Desk at (317) 565-2023.

**Be sure to print the certificate of completion at the end of the course as the school’s athletic department is required to keep a copy on file.**

For questions on the requirement to view the courses, please contact Justin Harrison at (352) 372-9551, ext. 180, or e-mail to [jharrison@fhsaa.org](mailto:jharrison@fhsaa.org).