## 2016-2017 RBSMS VOLLEYBALL TRY-OUTS

- \*\*To try out for the team, the following must be completed and turned in:
- 1) a current physical on the FHSAA form (E12),
- 2) Pasco County Athletic Participation form (notarized),
- 3) FHSAA Consent and Release from Liability Certificate pg. 1-4 (EL3).
- \*\*Please make sure all signatures (parent and student) have been filled in.
- \*\*These forms can be picked up from a coach or on the R.B. Stewart Middle Schools webpage: <u>rbsms.pasco.k12.fl.us</u>. Go to departments click, on Athletic information.
- \*\*All athletes are required to take the course "Concussion in Sports" prior to being able to try out. You may watch this with a coach on Aug.  $10^{th}$  from 3:00pm-4:00pm in the gym classroom.

OR

- \*Watch the course on your own and print the Certificate of Completion to bring before trying out. Directions on how to access the course are on the back.
- \*\*The state of Florida requires athletes to have a 2.0 GPA or higher from the previous semester to participate in athletics.

## **TRY-OUT SCHEDULE**

Monday, Aug. 15<sup>th</sup> 3:05p-4:45p Gym Tuesday, Aug. 16<sup>th</sup> 3:05p-4:45p Gym Wednesday, Aug. 17<sup>th</sup> 3:05p-4:45p Gym Thursday, Aug. 18<sup>th</sup> 3:05p-4:45p Gym \*\*Team roster will be posted on Friday morning, Aug. 19<sup>th</sup>. First team practice will be that afternoon, 3:05p-5:00p.

- \*\*Come ready to participate: athletic shorts, t-shirt, socks, & tennis shoes.
- \*\*Hydrate in advance (12 hours or more before practice) to avoid heat related illness. Drink eight or more 8 oz. glasses of water or sports drink daily.
- \*\*There is no cost to try out for a team. If an athlete is selected to be on the team, the following Pasco County participation fees will apply: 1st sport = \$45, 2nd sport = \$30. The following fee caps apply: individual athlete \$75/year; family at same school \$120/year. Students will have five days to pay participation fees after they make the team. No one will participate in a game competition until fees are paid. Please be aware that the participation fee does not guarantee playing time, only the opportunity to be on the team if selected.

Any questions, please contact:

7th Grade - Coach Stacy at dstacy@pasco.k12.fl.us

8th Grade - Coach Holifer at mholifer@pasco.k12.fl.us